What You Need to Know About the Dextromethorphan Sales Restriction

To help prevent teens from abusing over-the-counter (OTC) cough medicine containing the active ingredient dextromethorphan (DXM), Texas law (effective as of September 1, 2019) prohibits the sale of these medicines to minors.

HOW DO I KNOW IF A PRODUCT CONTAINS DXM?

• Check the Drug Facts label for the active ingredient DXM
• Check the packaging for the Stop Medicine Abuse icon

Drug Facts

<table>
<thead>
<tr>
<th>Active Ingredient</th>
<th>Purpose</th>
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</thead>
<tbody>
<tr>
<td>Dextromethorphan HBr 15mg</td>
<td>Cough suppressant</td>
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</tbody>
</table>

USE temporarily relieves cough due to minor throat and bronchial irritation

PARENTS:  
Learn about teen medicine abuse  
www.StopMedicineAbuse.org

You can learn more about teen DXM abuse and what you can do to help prevent it at www.StopMedicineAbuse.org