

# CHECK BEFORE CHECKOUT

To help prevent teens from abusing over-the-counter (OTC) cough medicine containing the active ingredient dextromethorphan (DXM), states across the country have passed laws to prohibit the sale of these medicines to minors.

In order to comply with this sales restriction, you simply need to **CHECK BEFORE CHECKOUT.**

- 1 CHECK** to see if the product contains dextromethorphan by looking for the Stop Medicine Abuse icon and reviewing the active ingredients on the Drug Facts label.
- If it does, **CHECK** to see if the purchaser appears to be 25 years old or younger.\*
- If they do, ask to **CHECK** their ID. If the purchaser is under 18 years old, do not complete the sale.



\*In Tennessee, **CHECK** to see if the purchaser appears to be 35 years old or younger. If they do, ask to check their ID.

**YOU CAN LEARN MORE ABOUT TEEN  
DEXTROMETHORPHAN ABUSE AT  
[www.StopMedicineAbuse.org](http://www.StopMedicineAbuse.org).**

*CHPA, founded in 1881, is a member-based association representing the leading U.S. manufacturers and marketers of non-prescription, OTC medicines and dietary supplements. CHPA and its member companies take the issue of dextromethorphan abuse very seriously, and support efforts to prohibit the sale of OTC medicines containing dextromethorphan to individuals under age 18 without a prescription. For more information, please visit [chpa.org](http://chpa.org) and our educational site, [StopMedicineAbuse.org](http://StopMedicineAbuse.org).*

