What You Need to Know About the Dextromethorphan Sales Restriction

To help prevent teens from abusing over-the-counter (OTC) cough medicine containing the active ingredient dextromethorphan (DXM), Tennessee law (effective as of January 1, 2016) prohibits the sale of these medicines to minors.

HOW DO I KNOW IF A PRODUCT CONTAINS DXM?

- Check the Drug Facts label for the active ingredient DXM
- Check the packaging for the Stop Medicine Abuse icon

<table>
<thead>
<tr>
<th>Drug Facts</th>
<th>Purpose</th>
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<tbody>
<tr>
<td>Active Ingredient (in each 15 mL tablespoon)</td>
<td>Purpose</td>
</tr>
<tr>
<td>Dextromethorphan HBr 15 mg</td>
<td>Cough suppressant</td>
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</tbody>
</table>

Use temporarily relieves cough due to minor throat and bronchial irritation

PARENTS:
Learn about teen medicine abuse
www.StopMedicineAbuse.org

You can learn more about teen DXM abuse and what you can do to help prevent it at www.StopMedicineAbuse.org.