To help prevent teens from abusing over-the-counter (OTC) cough medicine containing the active ingredient dextromethorphan (DXM), Louisiana law (effective as of August 1, 2014) prohibits the sale of these medicines to minors.

**HOW DO I KNOW IF A PRODUCT CONTAINS DXM?**

- Check the Drug Facts label for the active ingredient DXM
- Check the packaging for the Stop Medicine Abuse icon

### Drug Facts

<table>
<thead>
<tr>
<th>Active Ingredient (in each 15 mL tablespoon)</th>
<th>Purpose</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dextromethorphan HBr 15 mg</td>
<td>Cough suppressant</td>
</tr>
</tbody>
</table>

_Parents: Learn about teen medicine abuse_  
[www.StopMedicineAbuse.org](http://www.StopMedicineAbuse.org)

You can learn more about teen DXM abuse and what you can do to help prevent it at [www.StopMedicineAbuse.org](http://www.StopMedicineAbuse.org).