To help prevent teens from abusing over-the-counter (OTC) cough medicine containing the active ingredient dextromethorphan (DXM), Alaska law (effective as of June 3, 2016) prohibits the sale of these medicines to minors.

What You Need to Know About the Dextromethorphan Sales Restriction

**Drug Facts**

<table>
<thead>
<tr>
<th>Active Ingredient (in each 15 mL tablespoon)</th>
<th>Purpose</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dextromethorphan HBr 15 mg</td>
<td>Cough suppressant</td>
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</tbody>
</table>

**Use**

temporarily relieves cough due to minor throat and bronchial irritation

**PARENTS:**

Learn about teen medicine abuse

www.StopMedicineAbuse.org

You can learn more about teen DXM abuse and what you can do to help prevent it at www.StopMedicineAbuse.org.