

What are they talking about?

COUGH MEDICINE ABUSE SLANG You Should Know

There are many slang words for OTC cough medicine abuse.

✓ Learn them.

! Listen for them.

💬 Talk to your teens about the dangers of medicine abuse.

TEEN MEDICINE ABUSE

If you overheard teens talking or saw texts about getting high on over-the-counter (OTC) cough medicine, would you know what they were talking about?

Search

“DXM or Dex”

Dex or Drex

The common term for cold and cough medicines with dextromethorphan or “DXM”. It’s abused by some teens because it can cause hallucinations and dissociative effects (detached feelings) at excessive doses.

“TRIPLE Cs OR CCCs”

Search Triple Cs

A term for pills that originally referenced Coricidin pills with dextromethorphan.

“ROBO-TRIPPING”

Robo Tripping

Abusing products with dextromethorphan. The term refers to the hallucinogenic trips that people experience at high doses. “Robo” derives its name from the brand name Robitussin.

“Skittles”

Red Devils

A term for cough medicine tablets with dextromethorphan which may be small and red like the candy. **These can also be referred to as “Red Devils.”**

“Syrup Head”

Syrup Head Search

Someone who uses cough syrups or other products with dextromethorphan to get high.

PARENTS:

Learn about teen medicine abuse

www.StopMedicineAbuse.org

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