

Safeguard Your Medicines & Know What is in Your Cabinet

Over 100 over-the-counter Products Contain Dextromethorphan (DXM)

Below is a list of popular brand-name over-the-counter (OTC) cough, cold, and flu medicines that contain dextromethorphan (DXM). Remember that store brands, private label, or "generic" brands of these products, such as the CVS, Walgreens, or Wal-Mart brands (that often say, "compare to..." on the packaging) will contain the same ingredients, including DXM. The ingredients in any OTC medicine will also be included in the Active Ingredients section of the Drug Facts label printed on the package. DXM can be listed as dextromethorphan, dextromethorphan hydrobromide, or dextromethorphan HBr.

Not all forms of these brands include dextromethorphan, so check the label to learn if medicines in your home contain DXM and always be sure to read the label, know the active ingredients, and confirm appropriate dosing for any OTC medicine you may take.

ALKA SELTZER PLUS
BUCKLEYS
CHERACOL
CLEAR COUGH
COMTREX
CONTAC
CORICIDIN
CREOMULSION
DEFENSOLITO
DELSYM
DIABETIC TUSSIN
DIMETAPP
ELIXSURE
FATHER JOHNS
KIDS EEZE
LITTLE COLDS
MUCINEX DM & COUGH
PRODUCTS
PEDIACARE
ROBITUSSIN
SINEOFF
SUDAFED
THERAFLU
TRIAMINIC
TYLENOL COUGH, COLD & FLU
PRODUCTS
VICKS DAYQUIL
VICKS FORMULA 44 CUSTOM CARE VICKS
NATURE FUSION
VICKS NYQUIL



The U.S. Food and Drug Administration's (FDA) National Drug Code Directory maintains the most complete list of medicines containing dextromethorphan and is available at <http://www.accessdata.fda.gov/scripts/cder/ndc/>. To view the full list, select the search type "Nonproprietary Name" and then enter "dextromethorphan".
