

If you overheard teens talking or texting about getting high on over-the-counter (OTC) cough medicine, would you know what they were talking about? There are many slang words for dextromethorphan (DXM) abuse.

Learn them, listen for them, and talk to your teens if you hear them using the slang.

SOURCE: adapted from [WebMD](#)

DXM. A common abbreviation for dextromethorphan, a drug in many cough and cold medicines. It's abused by some teens because it can cause hallucinations and dissociative effects (detached feelings) at high doses.

Dex or Drex. Street terms for cold and cough medicines with dextromethorphan.

Dexing. Getting high on products with dextromethorphan.

Orange crush. A term for some cough medicines with dextromethorphan or codeine. It may stem from the orange-colored syrup of certain brands.

Poor man's PCP, or Poor man's X. Products with dextromethorphan, since they are inexpensive, but can cause effects similar to those of other drugs of abuse (PCP or ecstasy) at high doses.

Red devils. Another term for cough medicine tablets which may be small and red.

Red hots. A term for capsules or tablets with dextromethorphan. The term comes from small red cough medicine pills of some brands.

Robo. Usually a reference to cough syrup with dextromethorphan. While it derives from the brand name Robitussin, it is common slang for any cough syrup.

Robo-dosing. Abusing products with dextromethorphan, like cough syrups.

Robo-fizzing. Combining cough medicine with soda or alcohol.

Robotard. A term for someone who abuses dextromethorphan.

Robo-tripping. Abusing products with dextromethorphan. The term refers to the hallucinogenic trips that people experience at high doses.

Rojo. Cold and cough medicines with dextromethorphan. "Rojo" is Spanish for "red" and refers to the color of some syrups and pills.

Skittles. Usually applied to Coricidin tablets with dextromethorphan since they have a size and shape similar to the candy.

Skittling. Another term for abusing products with dextromethorphan. It derives from the brand name Coricidin, since the tablets have a size and shape similar to the candy.

Syrup head. Someone who uses cough syrups or other products with dextromethorphan, codeine, or promethazine to get high.

Triple C's or CCCs. A term for Coricidin tablets with dextromethorphan (slang from "Coricidin Cold and Cough").

Tussin. Another term for cough syrup with dextromethorphan.

Tussing. A term for using products with dextromethorphan.

Velvet or velvet syrup. Cough syrup with dextromethorphan.

Vitamin D. Another term for medicines with dextromethorphan.