

What You Need to Know About the Dextromethorphan Sales Restriction



To help prevent teens from abusing over-the-counter (OTC) cough medicine containing the active ingredient dextromethorphan (DXM), Kentucky law (effective as of June 22, 2015) prohibits the sale of these medicines to minors.

HOW DO I KNOW IF A PRODUCT CONTAINS DXM?

- Check the Drug Facts label for the active ingredient DXM
- Check the packaging for the Stop Medicine Abuse icon

Drug Facts

Active Ingredient

Purpose

(in each 15 mL tablespoon)

Dextromethorphan HBr 15 mg Cough suppressant

Use temporarily relieves cough due to minor throat and bronchial irritation

PARENTS:

Learn about teen medicine abuse

www.StopMedicineAbuse.org

You can learn more about teen DXM abuse and what you can do to help prevent it at www.StopMedicineAbuse.org.

What You Need to Know About the Dextromethorphan Sales Restriction



To help prevent teens from abusing over-the-counter (OTC) cough medicine containing the active ingredient dextromethorphan (DXM), Alaska law (effective as of June 3, 2016) prohibits the sale of these medicines to minors.

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To help prevent teens from abusing over-the-counter (OTC) cough medicine containing the active ingredient dextromethorphan (DXM), Arizona law (effective as of July 24, 2014) prohibits the sale of these medicines to minors.

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To help prevent teens from abusing over-the-counter (OTC) cough medicine containing the active ingredient dextromethorphan (DXM), California law (effective as of January 1, 2012) prohibits the sale of these medicines to minors.

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To help prevent teens from abusing over-the-counter (OTC) cough medicine containing the active ingredient dextromethorphan (DXM), Delaware law (effective as of June 16, 2017) prohibits the sale of these medicines to minors.

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To help prevent teens from abusing over-the-counter (OTC) cough medicine containing the active ingredient dextromethorphan (DXM), Florida law (effective as of January 1, 2017) prohibits the sale of these medicines to minors.

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To help prevent teens from abusing over-the-counter (OTC) cough medicine containing the active ingredient dextromethorphan (DXM), Louisiana law (effective as of August 1, 2014) prohibits the sale of these medicines to minors.

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To help prevent teens from abusing over-the-counter (OTC) cough medicine containing the active ingredient dextromethorphan (DXM), Nevada law (effective as of October 1, 2017) prohibits the sale of these medicines to minors.

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To help prevent teens from abusing over-the-counter (OTC) cough medicine containing the active ingredient dextromethorphan (DXM), New Jersey law (effective as of February 1, 2016) prohibits the sale of these medicines to minors.

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To help prevent teens from abusing over-the-counter (OTC) cough medicine containing the active ingredient dextromethorphan (DXM), New York law (effective as of March 27, 2014) prohibits the sale of these medicines to minors.

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To help prevent teens from abusing over-the-counter (OTC) cough medicine containing the active ingredient dextromethorphan (DXM), Oregon law (effective as of January 1, 2018) prohibits the sale of these medicines to minors.

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To help prevent teens from abusing over-the-counter (OTC) cough medicine containing the active ingredient dextromethorphan (DXM), Tennessee law (effective as of January 1, 2016) prohibits the sale of these medicines to minors.

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To help prevent teens from abusing over-the-counter (OTC) cough medicine containing the active ingredient dextromethorphan (DXM), Virginia law (effective as of January 1, 2015) prohibits the sale of these medicines to minors.

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