

What You Need to Know About the Dextromethorphan Sales Restriction



To help prevent teens from abusing over-the-counter (OTC) cough medicine containing the active ingredient dextromethorphan (DXM), California law (effective as of January 1, 2012) prohibits the sale of these medicines to minors.

HOW DO I KNOW IF A PRODUCT CONTAINS DXM?

- Check the Drug Facts label for the active ingredient DXM
- Check the packaging for the Stop Medicine Abuse icon

Drug Facts

<i>Active Ingredient</i>	<i>Purpose</i>
<i>(in each 15 mL tablespoon)</i>	
Dextromethorphan HBr 15 mg	Cough suppressant
Use temporarily relieves cough due to minor throat and bronchial irritation	

PARENTS:

Learn about teen medicine abuse

www.StopMedicineAbuse.org

You can learn more about teen DXM abuse and what you can do to help prevent it at www.StopMedicineAbuse.org.