

# What You Need to Know About the Dextromethorphan Sales Restriction



To help prevent teens from abusing over-the-counter (OTC) cough medicine containing the active ingredient dextromethorphan (DXM), Arizona law (effective as of July 24, 2014) prohibits the sale of these medicines to minors.

## HOW DO I KNOW IF A PRODUCT CONTAINS DXM?

- Check the Drug Facts label for the active ingredient DXM
- Check the packaging for the Stop Medicine Abuse icon

### **Drug Facts**

**Active Ingredient**

**Purpose**

(in each 15 mL tablespoon)

Dextromethorphan HBr 15 mg ..... Cough suppressant

**Use** temporarily relieves cough due to minor throat and bronchial irritation

# PARENTS:

Learn about teen medicine abuse

[www.StopMedicineAbuse.org](http://www.StopMedicineAbuse.org)

You can learn more about teen DXM abuse and what you can do to help prevent it at [www.StopMedicineAbuse.org](http://www.StopMedicineAbuse.org).